



## **Week 6 Application Assignment: The Process of Family Counseling**

### **Overview**

Resistance is defined as anything a family does to oppose or impair progress in family therapy. Why is it so important that resistance be addressed in order for treatment to move forward positively? What are some ways of addressing resistance?

In this assignment, you will review the material in your learning resources and discuss the concept of resistance. You will describe the ways resistance might impact each stage of the family therapy process. You will also discuss how to address resistant in each stage. Be sure to list each stage as described in Chapter 7. You should also review all supplemental materials, and use the rubrics as guides to help you complete the assignment. This assignment will count toward your final grade, is due by Day 4, and is worth 75 points.

### **Directions**

Review this week's Learning Resources and think about the concept of resistance. Also think about the various stages of family counseling.

- Discuss why it is so important that resistance be addressed in order for treatment to move forward positively
- Describe the ways resistance might impact each stage of the family therapy process
- Discuss how to address resistant in each stage
- Reflect on some of the common problems of beginning family counselors and how you might avoid them.

## Marriage, Couples, and Family Counseling

### Rubric

#### Assignment 1

This assignment is worth 75 points.

| Category                                             | Points                                                  |                                                               |                                                                  |                                               |
|------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------------|------------------------------------------------------------------|-----------------------------------------------|
|                                                      | 15-14                                                   | 13-12                                                         | 11-10                                                            | 9-0                                           |
| <b>Accuracy of responses Question 1</b><br>10 points | Questions are accurately and thoroughly answered        | Questions are partially accurate but most to all are answered | Answers are more inaccurate than accurate OR many are unanswered | Answers are completely inaccurate or missing. |
|                                                      | 15-14                                                   | 13-12                                                         | 11-10                                                            | 9-0                                           |
| <b>Accuracy of responses Question 2</b><br>15 points | Questions are accurately and thoroughly answered        | Questions are partially accurate but most to all are answered | Answers are more inaccurate than accurate OR many are unanswered | Answers are completely inaccurate or missing. |
|                                                      | 15-14                                                   | 13-12                                                         | 11-10                                                            | 9-0                                           |
| <b>Accuracy of responses Question 3</b><br>15 points | Questions are accurately and thoroughly answered        | Questions are partially accurate but most to all are answered | Answers are more inaccurate than accurate OR many are unanswered | Answers are completely inaccurate or missing. |
|                                                      | 25-23                                                   | 22-20                                                         | 19-18                                                            | 17-0                                          |
| <b>Reflection</b><br>25 points                       | Shows strong evidence of reasoned reflection and depth. | Shows evidence of reasoned reflection.                        | Minimal reasoned reflection                                      | Lacks reflection and depth.                   |
|                                                      | 10-9                                                    | 8                                                             | 7                                                                | 6-0                                           |
| <b>Mechanics</b><br>10 points                        | No grammatical, spelling or punctuation errors          | Almost no grammatical, spelling, or punctuation errors        | Many grammatical, spelling, or punctuation errors                | Numerous grammatical and punctuation errors   |